

This innovative design allows a smooth workout of forearms. The forearm machine offers multiple grip where users can perform multiple workout variations. The Jerai Fitness Gorilla Gripper provides weight stack up to 165 lbs.



FOREARM MACHINE JPBT-406



Length: 46 inches/117 cms
Width: 46 inches/117 cms
Height: 62 inches/157 cms
Weight Stack: 165 lbs. /75 kg

MUSCLE WORKED:

Forearm Rotator Cuff



